



Newsletter n.2

VIPs VIBES - October 2024

The inclusion of visually impaired persons in the bakery sector

The **VIPsVIBES project** is an innovative initiative co-funded by the European Union, which aims to promote the inclusion of visually impaired persons (VIPs) in the bakery sector. In this newsletter, we will give you an overview of the project and the main results developed so far.



More Info



Do you want to know
more about the project?

Check out our webpage:
<https://vipsvibes.eu/>



In this Newsletter

The VIPs VIBES project partners are heading towards the end of the first year of the project. The balance is very positive!

In this newsletter we are pleased to announce the completion of the **Methodological Handbook for the VipsVibes project**, dedicated to the inclusion of people with visual impairments in the baking industry.

The partners have also started working on a new **Digital Toolkit** that will keep them busy in the coming months.



Find out more by further reading this newsletter!



Methodological Handbook for VIPs Assistant and Mentors

This **HANDBOOK** represents a **crucial resource** for all parties engaged in the promotion of a more inclusive bakery industry. It provides **comprehensive guidance** for visually impaired individuals aspiring to become bakery assistants and for companies seeking to integrate and train professionals capable of promoting and facilitating access to the work environment for disabled people.



This handbook will shortly be accessible online **free of charge** in **multiple languages** and with an **audio version**.



The Handbook is divided into two sections:

- The **first section** provides practical methodologies, useful tips and adaptable strategies to facilitate learning and practising baking for blind and visually impaired persons.
- The **second section** focuses on the importance of the mentor, a key figure who supports professional inclusion in the company. The manual is intended to facilitate the breaking down of barriers and the redefinition of the future of bakery employment, with the objective of making the work experience accessible and rewarding for all.

Handbook topics

SECTION 1

- Bakery products: history and importance
- Food science: nutrition and anti-waste rules
- Chemistry in the kitchen: fermentation and baking yeasts
- Dough and bread-making techniques. Diverse menus and specialty breads in different cultures
- Baking for dietary restrictions
- The bakery workshop: work safety and HACCP



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SECTION 2

- Diversity&inclusion: legislation on inclusion and diversity of persons with disabilities in companies: national contexts
- VIPs: what it means to be visually impaired and what such an impairment involves
- Social environment: discrimination in the workplace and how to contrast it
- Effective communication styles: communicating clearly and adaptively with visually impaired people
- Physical environment: safety standards and accessibility
- Feedback and evaluation techniques: providing constructive feedback and evaluating mentees' progress

DIGITAL TRAINING TOOLKIT

The partners of the VipsVibes project are working on the development of the **Digital Training Toolkit**, a document that is a set of digital resources designed to make working in the bakery more inclusive and accessible. This Toolkit will provide Visually Impaired Bakery Assistants with the tools they need to work safely and effectively, while offering Mentors comprehensive guidance on digital devices and tools that can foster an inclusive work environment.



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AUDIO VERSION



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